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| Name: smt. Krishna Veni | Reg No: 8-2SMMHC18 |
| Age / Sex: 34/f | Contact No: 9611236109 |
| Marital Status: ml- 2 years | Date:24/2/18 |
| Occupation: housewife. Mba | Dr. PJFP |
| Address:  Native of vizag. In blore since 2 years | DIAGNOSIS- |

1. PAINFUL DYSMENORRHOEA SINCE MENARCHE.ATTAINED AT 11 YEARS. 2 ND DAY MORE PAIN NO BLEEDING. 3 DAY NO PAIN BUT MORE BLEEDING.FEELS LIKE GOING TO MOTION AND RELEIVED BY IT. CANT GET UP. EVEN ANUS PAIN. LEAKS FROM PAD. IF CLOTS COME PAIN REDUCES.INITIAL BLEEDING WILL BE LIGHT COLOR. TILL IT BECOMES DARK WILL HAVE LOT OF PAIN. ONLY 3RD DAY FROM 2ND DAY EVENING EXCESS PAIN. FROM 2 WEEKS GOING TO HOMOEO MATHRU REDUCING WITH COLO BUT 40% IS STILL THERE. LOW BACK PAIN, ABD PAIN. NAUSEA. 7 PADS A DAY.

LMP: 18/2/18. TILL NOW GETTING SPOTTING. GETTING ERUPTIONS ON SKIN.

WILL SIT ON A BALL MADE WITH CHUNNI AND WITH THAT PRESSURE FEELS BETTER FR FEW SECONDS. AND THEN MUST KEEP CHANGING POSITIONS FREQUENTLY. WANTS TO KEEP HOT WATER AND BATHE WITH HOT WATER AND DRINK HOT WATER.

1. NOSE BLOCK SINCE FIRST BREAK UP.

SNORING . IN SLEEP SHE JERKS WHILE SNORING.

1ST MARRIAGE SPLIT IN A MONTH. 10 YEARS GAP FOR HER HUSBAND THEN THRU MATRIMONY. HE WAS INELIGIBLE FOR MARRIAGE SO DIVORCED BY 2013.

AGAIN IN 2016 THRU MATRIMONY GOT MARRIED. JOINT FAMILY STAYS WITH INLAWS. SO SOME MISUNDERSTANDING BUT FRM 6 MONTHS BETTER.

COMPLAINTS THAT 2ND MARRIAGE HUSBAND COITION ISSUES. SAYS THAT HER HUSBAND HAS PREMATURE EJACULATION. SHE ALSO HAS A FEAR THAT IT WILL BURN OR PAIN. WHEN HE COMES NEAR HER IT BECOMES SOFT. WITH APPLICATION OF OIL FEELS A BIT BETTER.

1. RIGHT JAW PAIN. WHILE DOING FOREPLAY SHE CLENCHED TIGHTLY ONCE SINCE 6 MONTHS PAIN ON AND OFF.
2. RT. BREAST FEELS A SMALL LUMP. PAINLESS. SINCE 2014. FEELS LSIGHT INC BUT NOT SURE.

29/03/16: USG SCAN BOTH BREASTS.

FIBROADENOMA AT 10 OCLOCK AND 5 O CLOCK POSITIONS.

SMALL CYST IN SUPERIOR LATERAL QUADRANT.

1. B/L FEET PAIN. < WALKING, STANDING FOR LONG TIME. 5-10 MIN IF SHE SLEEPS WELL WILL FEEL BETTER.
2. LIGHTLY FEESL HEADACHE. IF DOORS CLOSE IN CAR IMM GETS HEADACHE.
3. IF CARRIES ANY WEIGHT GETS PAIN IN HANDS.

USE TO HAVE A LOT OF CRAVING FOR SLATE, ICE CUBES ALMOST 50 PER DAY SHE USE TO EAT. HER HUSBAND GAVE HOMOEO AFTER THAT THT CRAVING REDUCED.

SHE IS ACTIVE IN THE NIGHT AND HUSBAND IS ACTIVE IN THE MORNING. FEELS SLEEPY IN THE MORNING.

BLEEDING INDIRECTLY PROPORTIONAL TO PAIN.

EMOTIONALLY ATACHED . WILL KEEP TRACKING THEIR ACTIVITIES.

FEELS LIKE SWALLOWING FREQUENTLY FEELS BETTER. LIL HEALTH DISTURBANCE GETS WORRIED LIKE WHAT WILL HAPPEN.

LIKE RAIN.

SKIN ITCHING IN BOTH HOT AND COLD WEATHERS BUT OK.

WATER DOESN’T DRINK MUCH.

HAIRFALL MUCH FROM 5-6 YEARS.

THYROID DYSFUNCTION FROM 5 MONTHS. USE TO KEEP SWALLOWING FREQUENTLY WHICH MADE HER GET IT CHECKED. HAD 9. THEN AFTR 2 MONTHS REPEAT TEST WAS NORMAL.

FROM ONE AND HALF MONTH EAR RINGS AREA GOT INFECTED. CALENDULA APPLIES FEELS BETTER.

IF EATS A BIT MORE MUS GOT TO LAVATRY 3-4 TIMES. SMALL QUANTITIES CAN EAT.

LIKE JUNK FOODS LIKE PIZZA, POPCORN, ETC.,

RX:

1. PULS 200 – 3 DOSES – 5 DAYS ONCE
2. LEMNA MINOR 200 – DISC 4-4-4-4
3. MAG PHOS 1M – 2 DRAM PILLS

10/3/18: nb persists. Snoring also same. Ear reduced. Sometimes feels freq motions in the mornings in blore only. Lips dryness and painful since a week. Feeling yawning more from the day of house warming ceremony. Had some issue with mil because pt and her husband conducted the ceremony of housewarming. No contact since last time. He wont come into room fast he will be with his mother and then come. Hairfall s inc.

Rx:

1. Puls 200 – 4doses weekly once b/brush water.
2. Kali sulph 12 x – 4-4-4-4-
3. Cimicifuga1m – 2 dram pills 4-4-4-4 2 weeks once repeat 4-4-4-4
4. Rub 30 – 1 b/food.